



### At Hamilton Bujinkan we train:

- Ukemi, rolling and breakfalls
- Evasion / escaping from unarmed, armed or multiple attackers
- Use of historical, modern and improvised weapons
- Striking, joint locks, throws and grappling
- Armoured combat and Randori
- Scenario based and spontaneous self-defense
- Awareness and perception skills
- Strategy and tactics with emphasis on unconventional methods
- Ethical warrior mindset

We teach principle based body movements that are universal to unarmed and armed combat. This allows you to be effective and many different scenarios with many different weapons. Training is very informal and intuitive. We do not follow a step by step, or repetitive type of practice. Training is fluid, experience based and often improvisational.

Location:

**Canadian Japanese Cultural Center of Hamilton (CJCC)**  
45 Hempstead Drive,  
Hamilton, ON, L8W 2Y6

Time:

**Tuesdays and Thursdays**  
**6:00-7:00 pm**  
in the large Dojo.

New Students welcome, no previous training experience or uniform required  
Students are encouraged to make their own training weapons and ask questions



## Bujinkan

Bujinkan Budo Taijutsu incorporates both physical and philosophical aspects, training both with and without weapons to teach a complete life-protection system. It does not “specialize” in any particular kind of applications or techniques. Everything is used freely, including unconventional tactics. Principles of movement and strategy are used to constantly find areas of safety and freedom in the midst of conflict.

The Bujinkan is an international organization headed by Dr. Masaaki Hatsumi, Soke of the 9 schools:

- Togakure Ryū Ninpō Taijutsu
- Gyokko Ryū Kosshi Jutsu
- Kuki Shinden Happō Bikenjutsu
- Koto Ryū Koppō Jutsu
- Shinden Fudo Ryū Dakentai Jutsu
- Takagi Yoshin Ryū Jūtai Jutsu
- Gikan Ryū Koppō Jutsu
- Gyokushin Ryū Ryū Ninpō
- Kumogakure Ryū Ninpō

## Instructor

Trevis Chandler has been training in the Bujinkan for 20 years. He became a licensed Shidoshi in 2009, passing the Godan test at the Hombu in Japan. Trevis regularly travels to Japan and other Bujinkan Dojos for training and seminars. He has experience in many other martial arts, certified in first-aid and is a certified fitness instructor.



Shidoshi Trevis Chandler

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## Hamilton Bujinkan



Bujinkan  
Budo Taijutsu

- › Traditional Martial Art
- › Hand to Hand
- › Weapons
- › Conditioning
- › Tactics/Strategy